



# Media release

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## **Rider education to increase**

A Cycle Skills Instructor Course was held at the Albany Leisure and Aquatic Centre last week.

Twelve community members from Walpole, Albany, Denmark and South Stirling participated in the course, learning skills to instruct bicycle riders in the basic riding skills needed to ride safely in a low traffic environment.

City of Albany TravelSmart Officer Carl Beck said riding a bike is a life skill like swimming or driving a car.

“Although most parents will engage a professional to teach their children to swim or drive, most children and adults learn to ride with very little instruction or knowledge of road rules.”

The course was held to position Albany to become involved in the new ‘Let’s Ride’ program by Cycling Australia which will launch in early 2016.

“We hope that with qualified instructors in the region we will see an increase in cycle education and instruction in schools and the wider community,” Mr Beck said.

The Cycle Skills Instructor Course is part of the City of Albany’s aim to be Clean, Green and Sustainable.

For more information about Cycle Australia’s ‘Let’s Ride’ program, please visit [www.letsride.com.au](http://www.letsride.com.au) or contact City of Albany TravelSmart Officer Carl Beck at [travelsmart@albany.wa.gov.au](mailto:travelsmart@albany.wa.gov.au).

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