



Parenting your Child with ADHD

For parents of children with ADHD

Join Susan Hughes (Master of Education), an accredited coach with lived experience for this FREE parenting series,

This principle-based course covers:

- Up to date information on ADHD and how ADHD impacts your child's ability to carry out daily tasks
- What being a 'good enough' means today
- Parenting strategies and tools known to work with ADHD
- Managing defiant behaviours and setting boundaries
- Understanding how your emotions impact how you parent

Session 1: Saturday 9 May 9.30am - 2pm

Rainbow Coast Neighbourhood Centre

Morning tea & lunch provided. Creche - subject to availability

Session 3: Saturday 16 May | 9.30am - 12 noon (online)

Session 4: Saturday 23 May | 9.30am - 12 noon (online)

Bookings essential:

<https://parentingconnectionwa.com.au/event/adhdsh/2026-05-09/>

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Supported by



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